

Enjoy the new trail created by BMAT to benefit you and your community



Boughton Monchelsea Amenity Trust (BMAT) is a local charity, run by volunteers and committed to:

- preserving the rural character of the local area
- fighting climate change through initiatives including carbon capture, building biodiversity and re-wilding
- providing green spaces for the local community to connect with nature and get relaxing time outdoors for their health and wellbeing
- improving and conserving natural spaces in the area, so they can be enjoyed both for now and the future

Help improve your health and allow nature to thrive too!

Regular exercise and access to green spaces is proven to be extremely good for our physical and mental health. Spending quality time with friends and family is also very important, so walking is a great way to enjoy quality time together and make lasting memories.

BMAT sites not only provide green space, but are equally as important for reducing pollution and giving nature the freedom to regenerate, encouraging more species of insects, birds and fungi to thrive.



Great spaces to relax or take a picnic

WildSites Walk

Enjoy the new trail that links up the best local green spaces together!



Great for the whole family to enjoy!

Help us do more...
Make a difference today!




Scan here and donate to BMAT by Just Giving

Join the Friends of BMAT



If you would like to join the litterpicking effort or help with wildlife-friendly maintenance, please subscribe to our **Friends of BMAT** Facebook page where you'll find details of upcoming volunteer days.



 Scan here to join our Facebook group

Visit our website...

For the latest news, information and history on all of the BMAT sites, visit our website:

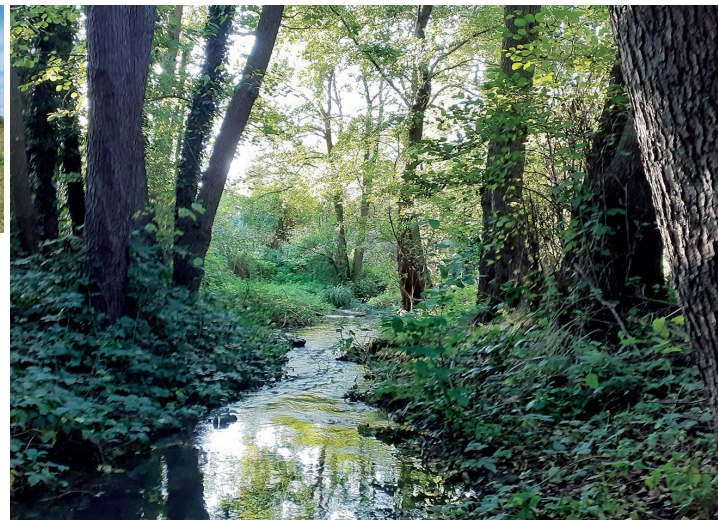
www.bmatkent.org.uk



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WildSites Walk

Enjoy the new trail that links up the best local green spaces together!



The great outdoors, on your doorstep!

The whole family can enjoy this walk. See if you can do the whole circuit in less than 3 hours or why not try out a section near where you live. There is seating and picnic benches at many of the BMAT sites, so bring along a snack, relax, enjoy the fresh air and nature all around you.

Your local area is rich in wildlife

Discover biodiverse habitats including ponds, woodland, wildflower meadows, grassland and ancient hedgerows. Please respect these wildlife havens and always put your litter or dog waste in a bin, or take it home with you. Thank you.

